



Lunch

★ SERVED FROM 11AM ★

SIDES & SNACKS

HUMMUS

We make our hummus with extra virgin olive oil and fresh lemon juice and then top it with cumin-spiced red pepper and harissa. Comes with flatbread.

♥ DF V

£2.00
£2.40 (in)

GREEN SUNSHINE SALAD

Edamame beans, fine green beans and peas with fresh mint and vinaigrette.

♥ ✓ WF GF DF V

£2.10
£2.50 (in)

LEON'S CLASSIC BAKED BEANS

Haricot beans in a slow-cooked tomato sauce.

♥ ✓ WF GF DF V

£2.20

BROWN RICE

With lemon, olive oil, tamari sauce (gluten free soy sauce) and a sprinkling of toasted seeds.

♥ WF GF DF V

£1.60

MOROCCAN MEATBALLS

With beef, lamb & cumin. Cooked down in a plum tomato sauce with a sprinkling of parsley & mint.

✓ DF

£3.15



THE LEON WRAPS

GRILLED CHICKEN WRAP

With aioli and a slice of pickle.

♥



£4.20

CHILLI CHICKEN WRAP

Our grilled chicken wrap with a pot of hot chilli sauce.

♥

£4.35

CHICKEN & CHORIZO WRAP

Grilled Freedom Food chicken with Brindisa chorizo, a slice of pickle and a touch of chilli.

♥

£4.50

SLOW-COOKED SHREDDED PORK

Freedom Food pork slow-cooked then shredded, with sweet chilli jam and a slice of pickle.

♥

£3.95



SWEET POTATO FALAFEL

Like falafel but with sweet potato, cumin and fresh herbs. Dressed with our aioli, sweet chilli jam and a slice of pickle.

♥ V

£3.70

SOUPS

We have two soups every day: one is meaty and the other is veggie. Please ask us for today's specials.

MEATY £3.20 VEGGIE £3.10

EXTRA SAUCES

CHILLI Leon's own chilli sauce. Hot. 40p

SWEET CHILLI JAM With a ginger kick.

AIOLI A light garlic and yoghurt sauce.

LEON KETCHUP Slow cooked and low GI.

♥ LOW SATURATED FAT
GF GLUTEN FREE

✓ LOW GL
DF DAIRY FREE

WF WHEAT FREE
V VEGETARIAN

HOT DISHES

All served with rice and fresh slaw.

CHILLI CON CARNE

Our take on the classic with British beef.

♥ WF GF



£5.95

GRILLED CHICKEN WITH AIOLI

Freedom Food chicken marinated with lemon juice and garlic and served with our aioli.

♥ ✓ WF GF

£6.15

CHILLI CHICKEN

Grilled Freedom Food chicken with a light garlic and yoghurt sauce and a pot of powerful chilli sauce on the side.

♥ ✓ WF GF

£6.25

MOROCCAN MEATBALLS

With beef, lamb & cumin. Cooked down in a plum tomato sauce with aioli & a sprinkling of parsley & mint.

♥ ✓

£5.95

SWEET POTATO FALAFEL WITH AIOLI

Leon's version of the middle eastern classic. Baked not fried with sweet potato, fresh herbs and spices. Adding chilli sauce can also be a good call.

♥ WF GF V

£5.60

THE LEON GOBI

Sweet potato, cauliflower, chilli, ginger and spices finished with fresh coriander & coconut milk.

✓ WF GF DF V

£5.60

SUPERFOOD SALADS

CAJUN CRAYFISH SUPERFOOD SALAD

Crayfish tails with a sweet & spicy Cajun sauce, rocket, edamame, haricot, peas and salad leaves.

♥ ✓ WF GF DF



£5.50
£6.35 (in)

ORIGINAL SUPERFOOD SALAD

The original family of supers - still going strong: broccoli, alfalfa, peas, cucumber, avocado, quinoa, feta, fresh mint and parsley, toasted seeds and a pot of vinaigrette.

✓ WF GF V

£4.30
£4.95 (in)

GRILLED CHICKEN SUPERFOOD SALAD

Wild rocket, edamame and haricot beans, a whole load of salad leaves and grilled Freedom Food chicken.

♥ ✓ WF GF

£5.50
£6.35 (in)

SMOKED MACKEREL & BEETROOT SUPERFOOD SALAD

Smoked mackerel packed with Omega 3s, with a tangy beetroot sauce, rocket, edamame, haricot beans and salad leaves.

✓ WF GF



£5.40
£6.25 (in)

DAILY SEASONAL SPECIAL

Every day we serve a different special, with rice and slaw. Think Oriental Pork & Bean, Malay Red Curry, Rogan Josh or maybe Vegetable Tagine. Please ask us what the special is today or have a look at www.leonrestaurants.co.uk

MEATY £6.15
VEGGIE £5.80

IF YOU HAVE ANY QUESTIONS ABOUT THE INGREDIENTS IN OUR FOOD, PLEASE ASK.

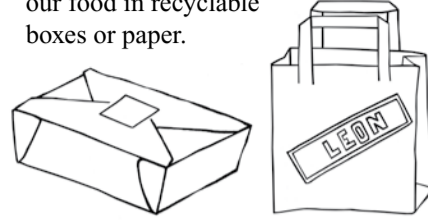
MORE ABOUT WHAT WE DO AT LEON CAN BE SEEN AT WWW.LEONRESTAURANTS.CO.UK

LEON

Welcome to Leon. Our aim is to serve fast food that tastes great and does you good.

BREAKFAST & LUNCH

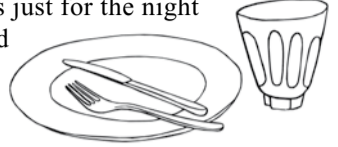
At breakfast and lunch we serve our food in recyclable boxes or paper.



DINNER

In the evening, if you are eating in the restaurant, we

serve our food fast, and on plates with proper cutlery. We also add a few dishes just for the night time - such as chargrilled chorizo and hot chocolate brownie with ice cream.



OPENING HOURS, AND MORE ABOUT WHAT WE DO AT LEON, CAN BE SEEN AT WWW.LEONRESTAURANTS.CO.UK - WE HOPE YOU HAVE A WONDERFUL TIME.

♥ LOW SATURATED FAT

✓ LOW GL

WF WHEAT FREE

GF GLUTEN FREE

DF DAIRY FREE

V VEGETARIAN

Breakfast BAPS

★ SERVED UNTIL 11AM ★

HOT SAUSAGE

From Devon farmers we know and trust. Served in our favourite wholemeal bap with low GI Leon ketchup.



£2.65

BACON

Best British bacon, cured naturally. Absolutely free from nasties, unlike almost any other bacon you can buy. With Leon ketchup.

£2.65

ROAST MUSHROOM WITH PLUM TOMATOES

For vegetarians, or people who like mushrooms and tomatoes. With Leon ketchup.

£2.55

I LOVE ENGLAND

English breakfast in a bap. A great tradition made better.



£3.30

ORGANIC PORRIDGE

With low GI orange blossom honey

♥ WF V

With strawberry compote

♥ WF V

With toasted seeds

WF V

Extra toppings

With granola

♥ V (Has nuts in it)

With fresh banana slices

♥ WF V

With 70% organic fair trade chocolate

WF V

£2.30

15p

POCKET KNICKERBOCKERGLORIES

BLUEBERRY BOOST

Yoghurt, granola, blueberries and orange blossom honey.

A low GI start to the day.

✓ V (Has nuts in it)



£2.40

£2.85 (in)

MANGO AND STRAWBERRY

Fresh mango, strawberry compote, mango puree. Yoghurty luxury.

✓ WF GF V

£2.40

£2.85 (in)

DARK CHERRY AND CHOCOLATE

Dark cherries, Leon brownie, strawberry compote and yoghurt.

✓ WF GF V (Has nuts in it)

£2.40

£2.85 (in)

Drinks

JUICES

FRESH ORANGE JUICE

♥ WF GF DF V



£2.30

FRESH LEON-MADE LEMONADE

Lemon, water, fructose. Zing!

♥ ✓ WF GF DF V

£1.60

CARROT AND ORANGE JUICE

Taste. Goodness. Enlightenment. And beta carotene.

♥ ✓ WF GF DF V

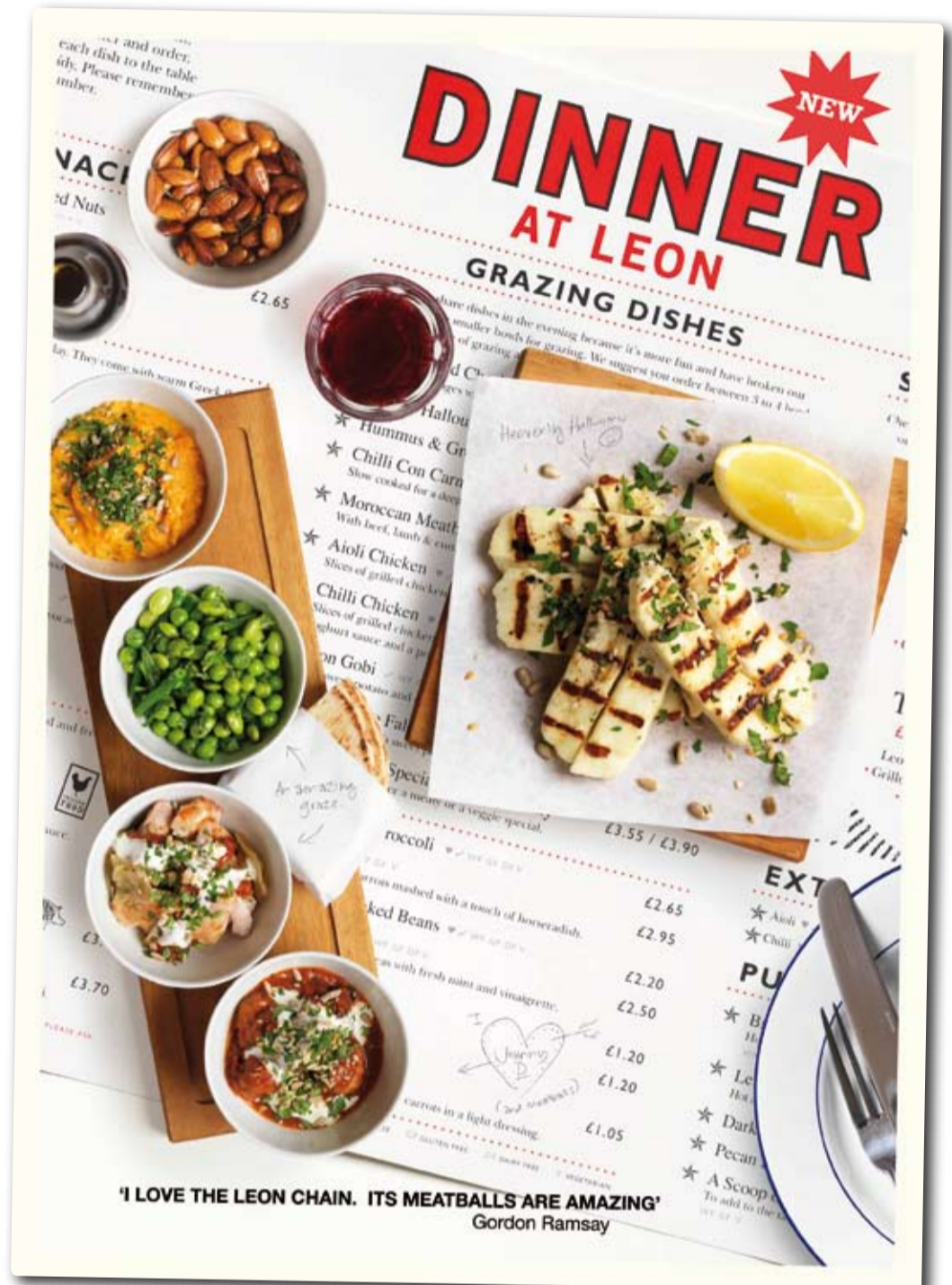
£2.50

CLOUDY APPLE WITH LIME & MINT

♥ WF GF DF V

£2.50

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SMOOTHIES

POWER SMOOTHIE

It won't help you rule the world. It's much better than that. Yoghurt, milk, orange blossom honey (naturally low GI), organic oats and bananas.

✓ WF V

£2.30

£2.75 (in)

STRAWBERRY POWER SMOOTHIE

One of our regulars calls it "another small step for mankind".

Organic oats, milk, honey, yoghurt, bananas and strawberries.

✓ WF V



£2.40

£2.85 (in)

QUENCHERS

BLACKCURRANT

The Leon version (tastes good, does you good) of the blackcurrant drink you enjoyed when you were younger and had just come back from the park.

♥ ✓ WF GF DF V

£1.50

LEMON, GINGER & MINT

We steep the ginger and mint leaves, then let it down with freshly squeezed lemon juice and water.

♥ ✓ WF GF DF V

£1.50



SEE MENU BOARDS FOR OUR KIDS MENU